

**Making Indoor/Outdoor Portable Labyrinths
Using UPS Banner Fabric with Hemming and Grommets**

by Karen Hahn, PhD, RN, APN, President, Center for Faith and Health Initiatives

14' x 14' - \$441
16' x 16' - \$576
18' x 18' - \$729
20' x 20' - \$900
25' x 25' - \$1407
22' x 22' - \$1089
30' x 30' - \$2025

To order: talk with Taha or Hatim Amiji
[The UPS Store #0470](http://www.theupsstorelocal.com/0470)
14027 Memorial Dr. @ Kirkwood
Houston, TX 77079
Tel: 281-589-2074
Fax: 281-589-2076
<http://www.theupsstorelocal.com/0470>

Sizes 20' x 20' and smaller weigh less than 40 pounds. They fit easily into regulation-size suitcases for air travel with space and pounds to spare for handouts, tape, sign, and footsies, with no extra fee. They can be shipped for \$20 or less with doubled-up flat, rectangle boxes or long, boxes with the labyrinth rolled over a tube. Larger sizes might incur extra shipping and/or travel charges.

Shipping: \$25 flat fee for up to & including 20' x 20' size. \$50 for larger sizes.

Note: Sizes bigger than 16' x 16' will be seamed. Seam is flat, durable, and discrete. However, do not store with a fold on the seam.

Design: Shalom Path, Prism Path, and Sacred Pause designs free for download at: www.shalompathpress
or by e-mail from: drkaren@centerforfaithandhealth.org. To make your own designs, go to: www.DiscoverLabyrinths.com.

Image: Send as pdf with more than 300 dpi resolution.

Easy care:

- Store dry and clean. When rolling or folding, smooth out all wrinkles. Hanging over a 6 in. tube is best, but folded in loose, straight folds is all right. Make sure the fabric is wrinkle-free during storage so that the fabric does not get wrinkle creases.
- Bring bath towels or absorbent blanket for outdoor use and large hook eyes to tack it down with the grommets if it is windy or the surface is slanted. Bring painter's masking tape for indoor use if the floor is slippery. Also bring non-skid shelving-sheets to place under the corners and center.
- Make a sign to post nearby: "Wear shoes (no high heels), go barefoot, or wear rubber-soled footsies over tights or pantyhose to avoid slipping." Provide washable rubber-soled footsies near the sign.
- Obtain a tube for hanging, rolling, lifting the labyrinth—obtain free cardboard ones from a local printer or purchase 4 in. diameter PVC pipe from local Home Depot or Lowe's; measure it for the space you wish to use. Allow at least 6 inches on either side beyond the folds for easy carrying.